

WELCOME

Welcome To Bharoosa Foundaation

Bharoosa Foundaation is a volunteer-driven, non-profit organization. We are a community of like-minded people who truly believe in contributing to society and making it a better place to live in. We intend to overcome poverty by enabling the poor and unprivileged people to gain hope for a better future and improve their quality of life through access to food security, shelter, health, education, and sports.

PROGRAMS

Our Initiatives

We commit ourselves to helping families in deprived communities, improve their lives and achieve enduring victories over poverty



Aahar

We strive to eliminate hunger by providing Meal and Rashan Kits to the poor people.



Kreedaa

We accommodate Athletics, Hockey, Cricket, Wrestling and Volleyball.



Aarogya

We organise free health checkup camps, eye-checkup, blood donation drives.



Ankur

Our goal is to plant one lakh trees in our Millennium city, Gurugram.



Shakti

We run programs to empower women, raise awareness and skill development.



Aavaran

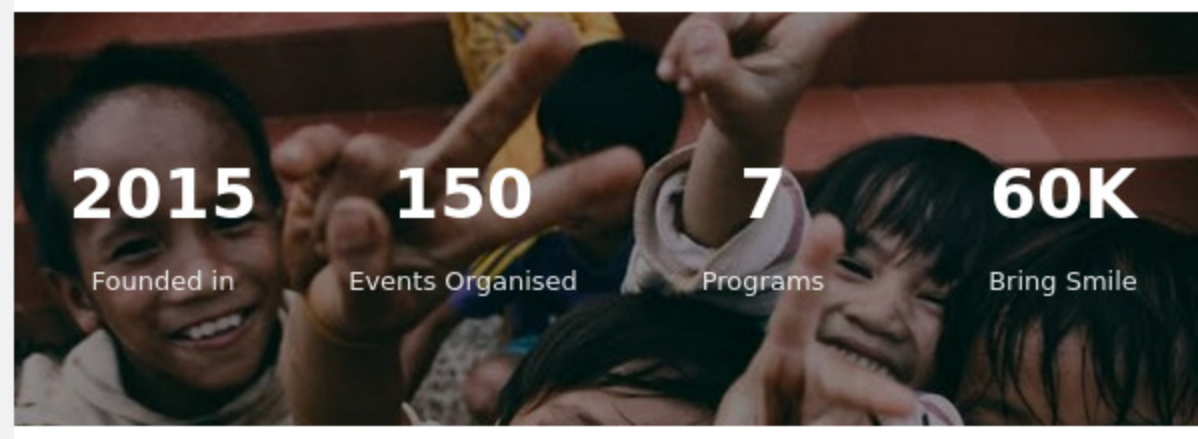
We provide clothing, blankets, and other basics to the unprivileged ones.



Hockey Premier League Tournament

Bharosa Foundation has organized a three-day hockey competition to promote hockey at "Premier League, Edition-1, Gurugram 2022-23, 6'A Side Tournament" at "Nehru Stadium Gurugram". In total there were eight teams, with nine players including two girls in each team.

Glimpse of the tournament



BLOG

Read Stories

Below are our latest blogs



Hygiene kits and enlig...

Education on menstrual hygiene is a big taboo in India. It might be awkward for women to openly...

[Read more](#)



Food for the Poor

With a population of over 1.3 billion people, India has undergone enormous expansion in the last...

[Read more](#)

Vidya - An educational initiative

Any society's advancement and ability to access socioeconomic empowerment depend critically on literacy. It can increase the standard of living of individuals and communities while serving as a first step toward more comprehensive change.



[see video](#)



[See more](#)



[See Reel](#)



[See details](#)



SAYS

Testimonial

A small river named Duden flows by their place and supplies it with the necessary regelliala.



Gagan Deep Bakshi
Retired Major General Indian Army

Bharoosa Team is doing exceptionally impressive work for the upliftment of the needy ones in the society . In the field of sports their work is commendable and I appreciate them for their work



Suraj Pal Singh Ammu
Karni Sena President

I am very much impressed by the social revolution caused by the Bharoosa Foundaation in the Corona Time, They are doing very good work for the people by helping them in the time of need.